



We build strong kids,
strong families, strong communities

Family Wellness Director Job Description

Send resume and letter of application
indicating salary requirements to:

jobs@meadowlandsymca.org

OR

PO Box 252, Rutherford, NJ 07070

Full job description is available at:
YMCAinfo.org

To thrive in this role, you will need to be able to work independently and as a team, communicate well and be super organized! We are looking for a motivated individual that loves working with children and families, has a proven track record in the delivery of Wellness Programs and believes in Healthy Living, as well as, the education of children and families in the areas of Nutrition and Physical Activity.

Supervisor: Executive Director

Qualifications:

- Bachelor degree in Physical Education, Exercise Science or related field with experience in development and delivery of youth fitness/physical education programs.
- Excellent organizational, interpersonal and communication (verbal and written) skills.
- Ability to work in a team setting with both staff and volunteers, and the vision to see new opportunities and respond to them.
- Working knowledge of the IBM computer especially Microsoft.
- Demonstrate strong values of leadership and be a positive health and wellness influence and role model to participants, colleagues and staff.

General Responsibilities:

- Advancement of the YMCA of the USA's Activate America agenda as the project manager.
- Coordinate the implementation of the evidence based CATCH Kids Club curriculum in the YMCA's after school Child Care, Kinderwrap and Camp programs.
- Development, delivery and supervision of youth and family fitness and nutritional education and activities, including collaboration with early childhood education, after school directors, staff, and community partners.
- Responsible for overseeing the overall organization, implementation, administration (including supervision of staff), promotion and evaluation of Family Wellness Programs.
- Development of a Youth Wellness Center from conception to implementation.

Hours: Full Time exempt

Compensation Package:

Salary plus Group Health Insurance- single (medical, dental, prescription, vision and life insurance); Paid Holidays; Vacation; YMCA Retirement Fund - (after qualifying period)

Rev. 5/19/2008

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Meadowlands Area YMCA

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