

Meadowlands Area YMCA Adventures in Learning

Adventures In Learning

The Lyndhurst Enrichment Program Winter Session runs for 8 weeks, **starting January 30, 2010** (No Class on 2/20/10). All classes are held at **Franklin School in Lyndhurst**, and are 50 minutes long.

Children will switch classes under the YMCA's supervision. Supplies & equipment are included, except where noted. *Give your child a fun Saturday morning while you're running your errands—sign up for 1 or 2 classes!*

Class-size is limited — Register Early!!!

CREATIVE COOKS

Ages 5-8 Years
9:30-10:20am

Ages 9-13 Years
10:30-11:20am

We'll make all kinds of fun and tasty things in this beginner cooking class. We'll start with some basics like pigs-in-blankets and chocolate-covered strawberries, then try out some specialty appliances as we make quesadillas, smoothies and lots more. We'll eat what we make, but you'll bring home the recipes so you can show your family what you learned!

Fee: \$79.00

INDOOR SPORTS

10:30-11:20am
Ages 5-9 Years

Learn the basics or improve your skills with this class that keeps you active! Games and fun drills will help you get ready to play basketball, soccer, baseball and more. Those who already play these sports can sharpen their skills in class. Be sure to bring shin guards, baseball mitts and a water bottle.

Fee: \$79.00



Classes will begin January 30, 2010

WRITING WITHOUT A PENCIL

9:30 -10:20am
Ages 7-13 Years

No matter what your age, this class will help you to approach your writing assignments without fear! We'll do games and activities that help you learn how to use words to express yourself- but we'll be talking about words- no writing required! So whether you're intimidated by writing assignments, or just need a little help getting started, this is the class for you!

Fee: \$79.00

GUITAR

10:30-11:20am
Ages 9-13 Years

Students must have or be willing to rent a guitar, and should bring the Mel-Bay book for guitar as a basis for reading music. The students will learn to play melody and rhythm. Songs will be learned weekly and students must practice at home.

Fee: \$79.00

GOLF

By Total Golf Adventures
9:30 -10:20am
Ages 5-13 Years

Learn the lifelong sport of golf. TGA provides all equipment, certified instructors, and a great experience for our students. The curriculum was developed by certified PGA Golf Professionals in conjunction with professionals in the Child Development field. Students advance through this 5-Level program learning basics and fundamentals of the sport, while being prepared to play on the golf course. Keep Swinging!

Fee: \$109.00

Winter 2010

www.YMCAinfo.org

Meadowland Area YMCA
PO Box 252
Rutherford, NJ 07070

FOR MORE INFORMATION, CALL:

201-955-5300



