Grey Areas are Adult Lap Swim

For teens and adult members, 16 yrs and older, who are continuously swimming laps.

Youth Lane: For teens, 13 years and older who are continuously swimming laps.

Family Swim - Participants must sign up through the "My WELLNESS" App. Children 10 yrs and younger and non-swimmers wearing life vests must have an adult, 18 yrs or older, in the water within arm's reach at all times. Children 9-12 years old must be accompanied by an adult in the pool area (viewing deck). Anyone 17 and younger will be swim tested in order to enter the deep end.

* For any activities in the pool must be reserved on our "My Wellness" app or the kiosk in our Wellness center*