

Lanes->	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY												
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6							
5:00-5:30	Grey						Grey						Grey						Grey						Grey						Black						5:00-5:30												
5:30-6:00	Grey						Grey						Grey						Grey						Grey						Black						5:30-6:00												
6:00-6:30	Grey						Grey						Grey						Grey						Grey						Black						6:00-6:30												
6:30-7:00	Masters		Grey				Masters		Grey				Masters		Grey				Masters		Grey				Aquacize		Lap Swim				Black						6:30-7:00												
7:00-7:30	Masters		Grey				Masters		Grey				Masters		Grey				Masters		Grey				Aquacize		Lap Swim				Black						7:00-7:30												
7:30-8:00	Masters		Grey				Masters		Grey				Masters		Grey				Masters		Grey				Aquacize		Lap Swim				Black						7:30-8:00												
8:00-8:30	Grey						Aqualatias						Grey						Grey						Grey						Lap Swim						Lap Swim						8:00-8:30						
8:30-9:00	Grey						Aqualatias						Grey						Grey						Grey						Lap Swim						Lap Swim						8:30-9:00						
9:00-9:30	Grey						Grey						Grey						Grey						Grey						Lap Swim						Lessons						9:00-9:30						
9:30-10:00	Grey						Grey						Grey						Grey						Grey						Lap Swim						Lessons						9:30-10:00						
10:00-10:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						10:00-10:30						
10:30-11:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						10:30-11:00						
11:00-11:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						11:00-11:30						
11:30-12:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						11:30-12:00						
12:00-12:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						12:00-12:30						
12:30-1:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						12:30-1:00						
1:00-1:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						1:00-1:30						
1:30-2:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						1:30-2:00						
2:00-2:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						2:00-2:30						
2:30-3:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						2:30-3:00						
3:00-3:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						3:00-3:30						
3:30-4:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						3:30-4:00						
4:00-4:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						4:00-4:30						
4:30-5:00	Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Family Swim				4:30-5:00												
5:00-5:30	Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Family Swim				5:00-5:30												
5:30-6:00	Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Family Swim				5:30-6:00												
6:00-6:30	Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Family Swim				6:00-6:30												
6:30-7:00	Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Family Swim				6:30-7:00												
7:00-7:30	Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Family Swim				7:00-7:30												
7:30-8:00	Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Lessons				Swim Team		Family Swim				7:30-8:00												
8:00-8:30	Lap Swim						Aqua Zumba						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						8:00-8:30						
8:30-9:00	Lap Swim						Aqua Zumba						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						8:30-9:00
9:00-9:30pm	Black						Black						Black						Black						Black						Black						Black						9:00-9:30pm						

Schedule subject to change

Grey Areas are Adult Lap Swim For teens and adult members, 16 yrs and older, who are continuously swimming laps.

Youth Lane: For teens, 13 years and older who are continuously swimming laps.

Family Swim - Participants must sign up through the "My WELLNESS" App. Children 10 yrs and younger and non-swimmers wearing life vests must have an adult, 18 yrs or older, in the water within arm's reach at all times. Children 9-12 years old must be accompanied by an adult in the pool area (viewing deck). Anyone 17 and younger will be swim tested in order to enter the deep end.

* For any activities in the pool must be reserved on our "My Wellness" app or the kiosk in our Wellness center*