SUMMER CAMP

MEADOWLANDS YMCA

the YMCA

Thriving Throughout Summer

2020 Camp Guide

June 22nd – September 4th
SUMMER CAMP TESTIMONIALS

A SAFE ENVIRONMENT THAT KIDS & PARENTS LOVE!

"I cannot begin to say how great this program is, my daughter has attended summer camp here since kindergarten and will be returning for her 6th year this summer. From the office staff all the way to the counselors, they are always informative, kind and the counselors are excellent with the children."

—KELLY MILLER, Rutherford, NJ
ROAD WARRIORS MOM (PREVIOUSLY CAMP JOURNEY)

Here's what parents are saying about our camps.

100
Changing Lives for 100 Years

"My daughters absolutely LOVE going to the Meadowlands YMCA for camp every summer! They are met with new activities on a daily basis and enjoy the new themes each week. As a parent, it’s so important to not only know that my girls are having the "best summer ever," but also the peace of mind knowing that they are in a safe environment with counselors and staff that truly care about them!"

—TRACY KATZ, MONROE, NJ
CAMP MEADOWLANDS MOM
After a record year of sold out camps and serving over 1,000 happy campers in 2019, we could not be more excited for Summer Camp 2020 at the Meadowlands YMCA! Each day we count down to the beginning of the summer season when schools finally let us borrow our campers for 11 weeks of fun. We treasure each day at camp, whether it’s a field trip to the zoo or a fun special event like Color Wars or Campchella Music Festival, there is sure to be a fun activity to explore as we are all Thriving Throughout Summer!

Each year, we dedicate our time and energy to cultivate a nurturing environment and culture where campers feel comfortable and accepted, independence and resiliency is celebrated, skill building and new experiences are explored, and relationships are valued and developed. Our camps allow children to feel safe and at ease to be open minded, have fun, and to grow in confidence.

This summer, you will have a variety of camp experiences to choose from for your children. During the off-season we made some necessary restructuring and expansion decisions due to all of our camps selling out to max capacity in the summer of 2019. While we highly recommend you register and place deposits as early as possible, we hope, through increased offerings and capacity to better serve you.

We have combined our Travel Camps (previously named Journey, Quest and Trailblazers) in Rutherford to create one larger camp called Road Warriors. This strategic change will allow children to be placed in smaller groups of similar aged children providing them a more personal experience and increased staff attention.

Included in this guide is a list of this year’s Camp Info Sessions, which are the perfect way to connect, learn more about our camps and meet our leadership staff. Also, please mark your calendars for our newly added Parent & Camper Orientation sessions, which are now closer to the beginning of the camp season.

I am happy to be a resource to you for at any time, please feel free to reach out.

Yours in service,

Amy Costa
EXECUTIVE DIRECTOR OF BRANCH OPERATIONS
acosta@meadowlandsymca.org
(201)955-5300 EXT. 212
MEET OUR
SUMMER CAMP
STAFF

We consider the most critical components to success each year to be quality, expertise, and training of the staff that will care for your children each day.

Our staff are screened and selected carefully through a multi-interview and on-boarding process where directors have the chance to get to know each candidate. This process includes a background check, sex offender check, and three extensive personal and professional reference inquiries.

Once candidates are selected for hire and fully vetted, they must complete at least 15 hours of training. Examples of mandatory topics include but are not limited to: First Aid and Emergency Response Training, Water Safety, Child Safety and Accountability, Relationship Building and Inclusion Techniques, Conflict Resolution, Leading with Integrity, Emotional Intelligence and Mindfulness as well as STEM/Educational Activity Integration.

It is our top priority to equip our employees with the tools to make every day of camp safe, educational, and memorable.

LEADERSHIP STAFF BIOS

Amy Costa
EXECUTIVE DIRECTOR OF BRANCH OPERATIONS

Amy has been part of the YMCA movement for 10 years, consistently involved in Summer Camp and Childcare leadership throughout that time. She has a passion for the YMCA mission and thrives on working to build strategies and programs that target youth development. Her professional focus has always been to be on the cutting edge of program development and creating management teams that strive to meet the needs of the community. Amy holds a Master’s of Science in Human Services Non-profit Leadership & Management from Springfield College and an undergraduate degree in Psychology from Fairleigh Dickenson University.

Kyle Auer
REGIONAL SACC & CAMP DIRECTOR

Kyle has been with the Meadowlands YMCA for over 13 years, starting as a camp counselor and progressing through a variety of leadership roles since. A Regional SACC & Camp Director since 2019, he is enthusiastic about being an agent of change for his programs and mentoring first time staff members. This summer, Kyle will be overseeing all Travel Camps – Road Warriors in Rutherford and Camp Odyssey in Cliffside Park. Kyle attended Kean University and Montclair State, studying History. In Kyle’s spare time he is a High School Basketball Coach and Certified CPR and First Aid Trainer.

Cristian Irizarry
REGIONAL SACC & CAMP DIRECTOR

Cristian has a long history with the YMCA movement, working as a Program Instructor and Coordinator at YMCA in Virginia and New York prior to joining the professional staff at the Meadowlands YMCA in 2018 and being promoted to Regional SACC & Camp Director last year. From her previous career as a professional Gymnastics coach, she developed a hands-on, high-energy, and creative approach to youth development and childcare. This summer, Cristian will be overseeing all camps at the main Meadowlands YMCA facility—Camp Meadowlands, Brainiac Academy and Sports Camp. She is currently back in school studying Business Management at Bergen Community College.
<table>
<thead>
<tr>
<th>WEEK</th>
<th>DATES</th>
<th>THEME</th>
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<tbody>
<tr>
<td>1</td>
<td>JUN 22 – 26</td>
<td>ALOHA SUMMER</td>
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<td>2</td>
<td>JUN 29 – JULY 3</td>
<td>RED, WHITE, AND BLUE BBQ</td>
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<td>3</td>
<td>JUL 6 – 10</td>
<td>GLOBE TROTTERS</td>
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<td>JUL 20 – 24</td>
<td>COLOR WARS</td>
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<td>JUL 27 – 31</td>
<td>PLUGGED IN PARADISE</td>
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<td>AUG 3 – 7</td>
<td>HAPPY HOLIDAYS</td>
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<td>8</td>
<td>AUG 10 – 14</td>
<td>OLYMPICS</td>
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<td>9</td>
<td>AUG 17 – 21</td>
<td>COMMUNITY HELPERS</td>
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<td>10</td>
<td>AUG 24 – 28</td>
<td>CARNIVAL</td>
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<td>11</td>
<td>AUG 31 – SEPT 4</td>
<td>VARIETY PACK</td>
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</tbody>
</table>
The fun never stops at Camp Meadowlands! The retro-style day camp includes everything that parents loved about camps of their day. We’ll have opening and closing ceremonies, camp songs, arts and crafts projects, swimming, sports, music, STEM activities, and special events designed around weekly themes. Summer Camp is the best time for kids to grow and develop independently. We provide campers with a positive environment to build character and develop leadership traits that will translate into the upcoming school year and beyond!

**JUNE 22–SEPTEMBER 4 (WEEKS 1–11)**

**LOCATION:** Meadowlands YMCA  
390 Murray Hill Parkway, East Rutherford

Extended hours available from 7am-6:30pm

**FLEXIBLE SCHEDULES**

**Cristian Irizarry**  
cirizarry@meadowlandsymca.org  
(201) 955-5300 EXT 236
A RETRO STAYCATION CAMP WITH A MODERN TWIST!

## A Day in the Life of a MEADOWLANDS CAMPER...

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>8:30am</td>
<td>Drop Off</td>
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<tr>
<td>9:00am</td>
<td>STEM</td>
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<td>10:00am</td>
<td>Sports</td>
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<tr>
<td>10-11am</td>
<td>Swim</td>
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<tr>
<td>11am-12pm</td>
<td>Exergame</td>
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<td>12:00pm</td>
<td>Lunch</td>
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<tr>
<td>1:00pm</td>
<td>Playground</td>
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<tr>
<td>2:00pm</td>
<td>Clubs</td>
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<tr>
<td>3:00pm</td>
<td>Snack</td>
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<tr>
<td>3:30pm</td>
<td>Art</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Pick up</td>
</tr>
</tbody>
</table>

SCHEDULE CHANGES DAILY
SUMMER SEEDLINGS
CAMP

AGES
3–5 YEARS
8:30–4:30pm

For our youngest campers, Summer Seedlings allows them room to explore and socialize in a nurturing and positive environment. Activities and special events are geared toward introducing them to the fun and excitement of camp while moving at a pace that is comfortable and relaxed. A daily mix of educational components, music, sports activities, art, STEM, movement and motion, free play & more allows for skill-building in an inspiring and whimsical atmosphere.

JULY 5th–August 21st (Weeks 3–9)
Extended hours available from 7am–6:30pm

DANIELLE COLDON
dcoldon@meadowlandsymca.org
(201) 955-5300
Prevent the summer slide with Brainiac Academy! Studies show that kids lose up to 6 months of math and reading skills over the summer. Help your little learner to stay on top of their game with brain-boosting activities that will help them imagine, discover and create. Our certified teachers will guide campers through math, literacy, science, art, music and technology lessons that are educational but also a lot of fun! Our Brainiacs will also enjoy the summer camp experience by participating in special events and fun activities. This camp swims every Friday. Due to the popularity of this camp, we have expanded our capacity to accommodate twice as many campers.

**A Day in the Life of a Brainiac...**

- **8:30am**: Morning Meeting
- **9:00am**: Guided Reading/ELA Games
- **9:45am**: Brain Break
- **10:00am**: Snack
- **10:15am**: Math Games
- **11:00am**: Games (Campor’s Choice)
- **12:00pm**: Lunch
- **12:30pm**: STEM
- **1:30pm**: Exergame
- **2:00pm**: Writing Workshop
- **2:30pm**: Playground
- **3:00pm**: Snack
- **3:30pm**: Culture Club
- **4:00pm**: Gym

**JUNE 29TH—SEPTEMBER 4TH (WEEKS 2-11)**

**LOCATION**: Meadowlands YMCA
390 Murray Hill Parkway, East Rutherford

Extended hours available from 7am–6:30pm
ALL SPORTS CAMP

Calling all sports lovers! This camp is a slam dunk for children who are sports-obsessed. We'll explore a variety of different sports each day from basketball to baseball, and soccer, along with specialty sports like tennis, volleyball, gymnastics, and weekly swimming at the Y's indoor pool. This camp is perfect to help kids develop new talents, stay active, and develop their teamwork.

JUNE 29TH–AUGUST 28TH (WEEKS 2-10)
LOCATION: Meadowlands YMCA
390 Murray Hill Parkway, East Rutherford
Extended hours available from 7am-6:30pm

CRISTIAN IRIZARRY
cirizarry@meadowlandsymca.org
(201) 955-5300 EXT 236
2020 ENROLLMENT APPLICATION

LOCK IN LAST YEAR'S RATES*

LOYALTY DISCOUNT!
Returning campers pay in Full for a minimum of 4 weeks to save! Offer expires February 22nd. VALID FOR 2019 CAMPERS ONLY.

ACT SOON & SAVE

HELPFUL HACKS
- Camps fill quickly! Register for all your weeks as early as possible to ensure your spot.
- Variety is the spice of life – Don’t forget you can mix and match different camps throughout the summer to create a custom experience for your camper.

EARLY BIRD SPECIAL* SAVE 5%
Pay in Full for a minimum of 4 weeks to save! Offer expires April 18th.

*OFFERS VALID ON WEEKLY CAMP FEE ONLY (8:30AM - 4:30PM). NO DOUBLE DISCOUNTS
# 2020 Enrollment Application

**Meadowlands YMCA Summer Camp**

One form per child. Additional forms can be downloaded from our website, MeadowlandsYMCA.org/camp

Submit completed forms to Meadowlands YMCA, 350 Murray Hill Parkway, East Rutherford, NJ 07073 or camps@MeadowlandsYMCA.org

**Camper Name**

First ___________________________

Last ___________________________

## 1. Choose Your Camp

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<th>No. of Days</th>
<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
<th>Week 5</th>
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**Camp Tuition Subtotal** $______

**Extra Trips**

- June 30: □ Land of Make Believe $30
- July 22: □ Dorney Park $45
- Aug 5: □ Funplex $35
- Aug 19: □ Mountain Creek $50

**Before & After Care**

- Before Care 7:00AM-8:30AM: □ $30
- After Care 4:30PM-6:30PM: □ $40

**Before & After Care Subtotal** $______

**Camp T-Shirt** $13 Each

- Youth Small
- Youth Medium
- Youth Large
- Adult Small
- Adult Medium
- Adult Large
- Adult X-Large
- Adult XX-Large

Camp Tuition Subtotal $______

Subtract 10% Military Discount (if applicable) $______

Subtract 10% Sibling Accommodation (if applicable) $______

Before & After Care Subtotal $______

**Camp Tuition Total** $______

**Upfront Fees** (non-refundable) due at time of Registration

- Processing Fee includes one T-shirt $25
- Want additional Camp T-Shirts? Order Here (Quantity _____ X $13) $______
- Extra Field Trips $______

**Upfront Fees Total** $______

**Total Camp Cost** (Camp Tuition Total plus Upfront Fees Total) $______
## 2020 ENROLLMENT APPLICATION Meadowlands YMCA Summer Camp (cont’d)

### 2. Choose Days Your Camper Will Attend – Camp Meadowlands Only
(all others, skip to Step 3)

<table>
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<th>WEEKLY OPTIONS</th>
<th>WEEK 1</th>
<th>WEEK 2</th>
<th>WEEK 3*</th>
<th>WEEK 4</th>
<th>WEEK 5</th>
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### 3. Camper Information

**Camper Name**
- Full Name: 
- Date of Birth: 
- Age as of 7/1/2020: 
- Grade as of 9/1/2020: 
- Gender: 
- Home Address: 
- City/Zip: 

**Parent/Guardian (1)**
- Full Name: 
- Work #: 
- Cell (Required): 
- Date of Birth: 
- E-mail (Required): 
- Address: 
  (If different than camper’s address)
- City/Zip: 

**Parent/Guardian (2)**
- Full Name: 
- Work #: 
- Cell (Required): 
- Date of Birth: 
- E-mail (Required): 
- Address: 
  (If different than camper’s address)
- City/Zip: 

### 4. Payment Options (Please choose one)

#### Loyalty Discount
- 2019 Camp Tuition Total: $ 
- Upfront Fees: $ 
- Total Due By FEB 22: $ 

#### Early Bird Discount
- Total Camp Tuition: $ 
- Subtract 5% Discount: $ 
- Total Upfront Fees: $ 
- Total Due By APR 18: $ 

#### Option A
- Convenient Auto Draft Payments
  - Upfront Fees Total: $ 
  - Deposit (Number of Wks × $50/Wk): $ 
  - Total Due Today: $ 

#### Option B
- Pay in Full
  - Total Camp Tuition: $ 
  - Total Upfront Fees: $ 
  - Total Due Today: $ 

### 5. Payment Method

- Visa ☐ MasterCard ☐ American Express ☐ Discover ☐

- Credit Card Number:
  - Exp, Date:
  - Security Code:

- Print Name as it appears on Credit Card: 
- Signature as it appears on Credit Card:

### Acknowledgment

I understand that all upfront fees and deposits paid at the time of registration are non-refundable. Also, no makeup days, refunds or credits are offered for any kind of absence. To attend camp, tuition must be paid in full and my camper’s CampDoc profile must be 100% complete.

- Initial: 
  - Date: / / 
- Initial: 
  - Date: / /
General Information

Please complete a camp selection form and submit in person at the YMCA or email to camps@meadowlandsymca.org.

Registration Deadline: In order to ensure the safety of all children and the appropriate staffing ratios, you must register by Wednesday 12:00 noon the week prior to the camp session beginning.

The summer camp admin team will process the form within 3–5 business days. A form submission does not guarantee a space in the camp weeks requested. In the circumstance that a camp week is full the team will contact you after your child is placed on a waitlist. There is no fee associated with placing your child on a waitlist. You will be contacted immediately if a space opens for registration.

Two payment options are available for your convenience:

A. Pay now: Pay your full balance, which includes a $50 nonrefundable deposit per camp week.

B. Pay later with automatic payment draft: Pay an upfront $50 nonrefundable deposit per camp week. All scheduled payments are made via credit card or bank draft 10 days prior to each week of camp.

An outstanding balance after the payment is due (10 days prior to the session’s start date) will incur a $25 late fee and/or that your camper will be removed from the roster of that camp session.

• All deposits are non-refundable at any time.
• We do not offer any refunds after June 1st.
• We do not offer any make up days, refunds or credits for any kind of absence.

Upon registration you will receive an email from CampDoc to complete necessary permissions and health forms for camp. A camper must have a completed CampDoc profile to attend camp, no exceptions will be made.

A camper must be registered for Before or After Care if you wish your child to be in our care outside of the regular camp day. Your account will be charged the weekly fee associated with the service if you drop off early or pick up late.

If you need to pick up your child before pick-up time, please provide your request via email or in writing to a Camp Director. We work to accommodate these requests but are unable to accommodate any pick-ups from 3:00pm–4:00pm.

Behavior Policy

The YMCA expects all participants to conduct themselves in a manner that reflects the character values of caring, honesty, respect, and responsibility. Behaviors that do not reflect our character values will be addressed with the camper and their parents. We believe that together we can help every camper make better choices for all that are involved. Behaviors that put the camper and others at risk will not be tolerated. The YMCA reserves the right to take disciplinary action, including dismissal from the camp program, based on what it deems to be appropriate in any given situation.
Campers will take to the road on weekly field trips to age-appropriate destinations in combination with themed activities at their home base. Each Tuesday, Wednesday and Thursday, we will travel to a new attraction that is fun and/or educational, designed to expand their minds and instill a sense of adventure. On Mondays, campers will spend time at their camp site engaging in weekly-themed activities and on Fridays, we’ll spend time swimming at the Meadowlands YMCA pool. This is an excellent opportunity for our campers to explore our region and make new friends with their fellow Road Warriors.

**JUNE 29TH—AUGUST 21ST (WEEKS 2–9)**
**LOCATION:** TBA
Extended hours available from 7am–6:30pm

**TRAVEL INFORMATION**
- **Monday** Home Site
- **Tuesday–Thursday** Offsite Trips
- **Friday** Home Site & Swimming at Meadowlands YMCA

View the full trip list at MeadowlandsYMCA.org/TravelCamps.

**Extra Field Trips:**
- June 30th: Land of Make Believe
- July 22nd: Dorney Park
- August 5th: Funplex
- August 19th: Mountain Creek
## Example Travel Schedule

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-9:00 Site Activity Day</td>
<td>Drop Off</td>
<td>Travel Day</td>
<td>Travel Day</td>
<td>Travel Day</td>
</tr>
<tr>
<td>9-9:30</td>
<td>All Camp Opening Ceremony</td>
<td>Drop Off</td>
<td>Drop Off</td>
<td>Drop Off</td>
</tr>
<tr>
<td>9:30-10:15</td>
<td>Art</td>
<td>Group Huddles</td>
<td>Group Huddles</td>
<td>Group Huddles</td>
</tr>
<tr>
<td>10:15-11:00</td>
<td>STEM</td>
<td>Bowling Trip</td>
<td>Jenkinsens Aquarium</td>
<td>Playground</td>
</tr>
<tr>
<td>11:00-12:00</td>
<td>Camper Choice Activity</td>
<td>Lunch</td>
<td>Outdoor Games</td>
<td>Monster Golf</td>
</tr>
<tr>
<td>12:00-1:00</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:00-2:00</td>
<td>Outdoor Playground and Games</td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00-3:30</td>
<td>Snack</td>
<td>Group Games</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30-4:00</td>
<td>Group Huddles</td>
<td>Snack</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00-4:30</td>
<td>Pick up</td>
<td>Pick up</td>
<td>Pick up</td>
<td>Pick up</td>
</tr>
</tbody>
</table>

**KYLE AUER**
kdauer@meadowlandsymca.org
(201) 955-5300 EXT 226
Camp Odyssey combines the best of both camp worlds for Gold Coast area residents. Campers will take field trips, spend time at the Head Start facility, and at the Meadowlands YMCA pool. They’ll take part in a variety of camp activities like arts and crafts, sports, team-oriented projects and swim time!

JUNE 29TH–SEPTEMBER 4TH (WEEKS 2–11)
LOCATION: 263 Lafayette Ave. Cliffside Park, NJ
Extended hours available from 7am–6:30pm

TRAVEL INFORMATION
Monday: Home Site
Tuesday–Thursday: Offsite Trips
Friday: Home Site & Swimming at Meadowlands YMCA

View the full trip list at MeadowlandsYMCA.org/TravelCamps.

Extra Field Trips:
• June 30th: Land of Make Believe
• July 22nd: Dorney Park
• August 5th: Funplex
• August 19th: Mountain Creek
**THE ESSENTIALS FOR AN EPIC SUMMER**

**WHAT TO BRING:**
- Bathing suit
- Swim Cap
- Towel
- Sunscreen
- Non-perishable lunch
- Water bottle
- Change of clothes
- And a positive attitude!

**WHAT TO WEAR:**
- Camp t-shirt
- Closed toe shoes (preferably sneakers)
- Comfortable clothes that can get messy!

**WHAT NOT TO BRING:**
- Any toys from home
- Any kind of technology
- Any food that contains nuts

**PLEASE ADD YOUR CHILD’S NAME TO EVERYTHING THEY BRING TO CAMP. IF ANY SUPPLIES ARE NEEDED, YOUR COUNSELOR WILL INFORM YOU.**

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**DISCONNECT to RECONNECT**

Did you know that kids age 5–10 have an average of six hours of screen time each day? That’s one of the reasons why we do not permit the use of cell phones, cameras, and other electronic devices during camp hours. We want your camper to get the most out of their time at camp!
### A Day in the Life of MUSICAL THEATRE CAMP...

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am</td>
<td>Drop Off</td>
</tr>
<tr>
<td>9:00am</td>
<td>All Camp Warm Up</td>
</tr>
<tr>
<td>9:30am</td>
<td>Voice Lessons</td>
</tr>
<tr>
<td>10:15am</td>
<td>Dance Lessons</td>
</tr>
<tr>
<td>11:00am</td>
<td>Large Group Voice Lesson</td>
</tr>
<tr>
<td>11:45am</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:30pm</td>
<td>Set Design</td>
</tr>
<tr>
<td>1:15pm</td>
<td>Acting Lessons</td>
</tr>
<tr>
<td>2:00pm</td>
<td>Large Group Dance Lesson</td>
</tr>
<tr>
<td>2:45pm</td>
<td>Large Group Rehearsal</td>
</tr>
<tr>
<td>3:30pm</td>
<td>Snack &amp; Camp Day Wrap Up</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Pick Up</td>
</tr>
</tbody>
</table>

### Lights, camera, action!

Give your child the full musical theatre experience with two dynamic shows this summer. From singing to acting, dancing, costume design, set production, prop creation, stage management, and more, each camper will get to try it all! All levels are welcome and no previous theatre experience is needed, just the willingness to participate and have fun!

We will feature two shows this summer: the entertaining and diverse Y Variety show and sensational Disney production of Frozen Jr. Sign up for one or both show sessions.

#### JULY 13TH–AUGUST 14TH (WEEKS 4–8)

**LOCATION:** Robert L. Craig School, Moonachie, NJ

**Session 1:** Y Variety Show | July 13–24, 2020 | 2 Weeks  
Dress Rehearsal: July 23  
Performance: July 24

**Session 2:** Frozen Jr. | July 27–August 14, 2020 | 3 Weeks  
Dress Rehearsal: August 13  
Performance: August 14

Extended hours available from 7am–6:30pm

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**Funding has been made possible in part by a grant administered by the Bergen County Department of Parks, Division of Cultural Affairs from funds granted by the New Jersey State Council of the Arts.**

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**Danielle Coldon**  
dcoldon@meadowlandsymca.org  
(201) 955-5300
COUNSELOR-IN-TRAINING PROGRAM

Develop real-world leadership skills in our Counselor-in-Training Summer Program! Teens will join us for a mandatory two-week training that will develop the expertise needed to be a camp counselor, land jobs, ace college interviews, build resumes, and other professional development skills that will translate far beyond the summer camp experience.

Following the mandatory two-week training (6/29-7/10), Counselors-in-Training (CITs) will assist in supervising camps during their chosen weeks for the remainder of the summer. To participate in this program, teens must attend the two-week training orientation. Very limited space available. See registration form for more information.

JUNE 29TH–SEPTEMBER 4TH (WEEKS 2–11)
LOCATION: Meadowlands YMCA
390 Murray Hill Parkway, East Rutherford
Extended hours available from 7am–6:30pm

A Day in the Life of COUNSELOR-IN-TRAINING...

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am</td>
<td>Drop Off</td>
</tr>
<tr>
<td>9:00am</td>
<td>Icebreakers</td>
</tr>
<tr>
<td>9:30am</td>
<td>CIT 101</td>
</tr>
<tr>
<td>10:15am</td>
<td>Meet the Camps &amp; Camp Leadership</td>
</tr>
<tr>
<td>11:00am</td>
<td>Resume Writing</td>
</tr>
<tr>
<td>11:45am</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:30pm</td>
<td>Team Building Activity</td>
</tr>
<tr>
<td>1:15pm</td>
<td>Shadow Camp Meadowlands</td>
</tr>
<tr>
<td>2:00pm</td>
<td>College Prep Workshop</td>
</tr>
<tr>
<td>2:45p</td>
<td>True Colors Activity</td>
</tr>
<tr>
<td>3:30pm</td>
<td>Snack &amp; Camp Day Wrap Up</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Pick Up</td>
</tr>
</tbody>
</table>

BUILDING TOMORROW'S LEADERS TODAY!

MEGAN WHITE
mwhite@meadowlandsymca.org
(201) 955-5300 EXT 213
LEADER-IN-TRAINING

VOLUNTEER PROGRAM

AGES
16-17 YEARS
8:30–4:30pm

CREATING THRIVING LEADERS!

The Leader in Training (LIT) Program is an excellent summer opportunity for emerging leaders ages 16-17. Participants in the LIT Program attend group leadership workshops and receive one-on-one mentoring while also having the chance to practice these skills by working alongside counselors and campers in our Summer Camp program. LIT’s will assist counselors in planning and daily activities, special events and much more! It is a unique experience that will help create leaders with thriving futures.

JUNE 29TH-SEPTEMBER 4TH (WEEKS 2-11)

LOCATION: Meadowlands YMCA
390 Murray Hill Parkway, East Rutherford

HOW TO APPLY
Submit a one page essay outlining why you would like to be a Leader in Training at the Y via email to mwhite@meadowlandsymca.org.

If selected, applicants will then fill out a written application, come in for an interview, and provide three references to validate that they are the right fit for this position.

THIS IS A VOLUNTEER POSITION AND INCLUDES NO FEE.

DEADLINE MAY 1ST.
CAMPER PROFILE WITH CampDoc

Each child will need a completed CampDoc profile in order to attend camp. It's our way of keeping campers safe and accounted for while under our care. You will receive an email from CampDoc once we process your Enrollment Application to setup your account.

CAN WE LEND A HAND FOR YOUR CAMPER?

For more information on receiving financial assistance please contact us at camps@meadowlandsymca.org with the subject line: “Camp Financial Assistance” or visit us in person at the Meadowlands YMCA.

NEED EXTENDED CARE?

BEFORE & AFTER CARE!

We offer Before & After Care options, starting at 7am and ending at 6:30pm. Don’t forget to select your extended care needs on the Enrollment Application!
IMPORTANT
SUMMER CAMP DATES

CAMP INFORMATION SESSIONS
HOSTED AT THE MEADOWLANDS YMCA
Learn everything you need to know and have all your questions answered by our staff during Camp Information Sessions. We’ll help you to find the perfect option for your camper.

- Saturday, January 25th 12-2pm
- Tuesday, February 11th 6-8pm
- Saturday, February 22nd 1-4pm | Last Day for Loyalty Discount
- Thursday, March 12th . 6-8pm
- Saturday, March 28th . 11am-1pm
- Tuesday, April 7th .... 5-7pm
- Wednesday, April 15th 5-7pm
- Saturday, April 18th .... 1-4pm | Last Day for Early Bird Discount

CAMP ORIENTATION DATES
HOSTED AT THE MEADOWLANDS YMCA
Ready, set summer! Let’s prep for the upcoming camp season. Our staff will fill you in on all the information you’ll need to know for a successful and smooth summer.

- Thursday, May 13th .... 6:30-7:30pm
- Saturday, May 30th .... 1-2pm
- Saturday, June 13th .... 1-2pm

WORK AT CAMP

Work at the Meadowlands YMCA Summer Camp! Join our vibrant and diverse camp team to become an influencer of good vibes all summer long. Our team is fun, enthusiastic, and always goes the extra mile to lend a hand. If this sounds like you, join the team that strives to thrive.

Apply at MeadowlandsYMCA.org/WorkatCamp
CAN WE LEND A HAND FOR YOUR CAMPER?

MILITARY DISCOUNT
10% discount off tuition fees children of military personnel. (Military ID must be presented at time of registration).

SIBLING DISCOUNT
10% reduction on camp tuition for each additional child in the household. (This discount is deducted from the tuition only and will be applied towards the lower rate per-session).

Y FOR ALL FINANCIAL ASSISTANCE
For more information on receiving financial assistance please contact us at camps@meadowlandsymca.org with the subject line: “Camp Financial Assistance” or visit us in person at the Meadowlands YMCA.

YOU MAKE MORE POSSIBLE.
Give the summer camp experience today at MeadowlandsYMCA.org/give

ACT SOON & SAVE

LOYALTY DISCOUNT
LOCK IN LAST YEAR’S RATES!
To qualify, you must register for a minimum of 4 weeks and pay in full.

EARLY BIRD SPECIAL
SAVE 5%
OFFER ENDS FEB 22ND

OFFER ENDS APRIL 18TH
*OFFERS VALID ON WEEKLY CAMP FEE ONLY (8:30AM-4:30PM). NO DOUBLE DISCOUNTS